

COMMUNITY VOLUNTEER TRAINING PROGRAMME

Community CVS is excited to launch a **NEW Community Volunteer Training Programme** as part of our wider support for volunteers and community groups in the borough

Is it free?

The Community Volunteer Training programme is FREE

Who is it for?

It's for anyone who wants to get involved in their community as a volunteer. It will be ideal if you are interested in supporting your community in recovery, mental health, health and social care, volunteer-led community support, sports and culture, environment and children and young people.

How is it delivered?

We'll be giving you the key skills you need through friendly face-to-face informal workshops delivered through the Volunteer Centre and Recovery/Fast4wd Team.

What will I gain?

By taking part, you'll gain confidence and the key skills you need for volunteering. Certificates will be provided for the workshops you attend to show to groups you want to volunteer for, or to show to potential employers.

What will I be learning?

Our workshops will cover the key skills and knowledge that volunteers need:

Introduction to Volunteering (roles and responsibilities)
Confidence-building Confidentiality and Boundaries
Communication and Listening skills Mentoring
Equality and Diversity Dealing with Difficult Behaviour
Safeguarding Working Safely Data security
Supporting Recovery in the community
Sources of Support in communities

When does the Community Volunteer Training Programme start?

The workshops will be delivered over a total of 4 days on a rolling basis every 2 months so you can tap in when or before you want to start volunteering in your community. The programme will start from **the 16th January 2023 at the Community CVS Boulevard Centre.**

How do I get more info and sign up?

Places will be available on a first come first served basis.

For more details please contact

denise.hayhurst@communitycvs.org.uk

To book a place please contact

marselle.davies@communitycvs.org.uk