



Peer Support for Miscarriage and Baby Loss



Could you help shape our new peer support service?

We want to support those affected by miscarriage and baby loss through creating a group peer support service, but we need your help.

Do you have lived experience with baby loss and are you able to share your story?

Your experience, views and insights will help to shape the future of our service, creating peer support for lived experience families and the wider community.

Your voice matters.

Together After Loss

Healing Hearts and Minds
after Miscarriage and Baby Loss



Support service for
Blackburn with Darwen



Scan the QR
code or visit
our website
for more
information:





Lancashire Mind & Blackburn with Darwen Council's new Miscarriage and Baby Loss Support Service.

Join our Peer Support Focus Group

Are you:

- 18+ with lived experience of baby loss or know someone who has (a friend, relative or family member)
- Living within Blackburn with Darwen
- Passionate about making a change within your community

We want to co-produce our Peer Support groups. Ensuring we provide the right support in the most effective way, through a compassionate and safe space.

If you would like to be part of the focus group please contact us.

Free 1-to-1 Therapy

Available for individuals directly affected by miscarriage or baby loss within the past two years. These sessions provide personalised support from a qualified therapist. We will be offering either online or face to face therapy within the local area.

If you would like to be a part of this brand new service, Together After Loss, please register your interest:

togetherafterloss@lancashiremind.org.uk

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