



Baby Loss & Miscarriage Service

Together After Loss

Healing Hearts and Minds
after Miscarriage and Baby Loss



Support service across
Blackburn with Darwen

Our Baby Loss and Miscarriage Service, Together After Loss, supports residents of Blackburn with Darwen and is funded by Blackburn with Darwen Borough Council.

This service offers the following support:

- Free 1-to-1 Therapy Sessions
- Peer Support Groups

The service is being delivered to provide a nurturing environment to help through grief, moving towards healing and hope for the future.

lancashiremind.org.uk



BLACKBURN
with
DARWEN
BOROUGH COUNCIL

Scan the QR
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for more
information:





Lancashire Mind & Blackburn with Darwen Council's new Baby Loss and Miscarriage Support Service.

Free 1-to-1 Therapy Sessions

Available for individuals directly affected by baby loss or miscarriage within the past two years. These sessions provide personalised support from a qualified therapist. We will be offering either online or face to face therapy within the local area.

Peer Support Groups

Designed to create a safe, compassionate space, these groups allow individuals to connect, share understanding, and support one another in their journey through grief. These groups will be open to those impacted by this subject.

Your Voice Matters

As part of our Peer Support Group journey, we are also seeking individuals affected by this experience who would like to collaborate with Lancashire Mind to co-create these groups, ensuring we provide the right support in the most effective way.

To request a 1-to-1 assessment with our therapist or to register your interest in either shaping or attending our peer support groups, please contact us at:

togetherafterloss@lancashiremind.org.uk

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